



THE METAPHYSICS OF WRITING

BY TRENT RHODES

“Reading and writing create telepathy across space and time.” - TR

A memory emerges: me sitting in the living room with the television. I'm on the floor, hunched over on knees drawing cartoon characters.

Remember the WB? Daffy Duck? Darkwing Duck? I'd do a moderate job illustrating these figures in elementary school, on lined notebook paper and form their dialogue in bubbles. More important to me than how they looked was what they said, how their conversations strung along to make an interesting plot. What were the conflicts? Who was becoming someone different from the experiences?

Reflecting on this time, there was something special about writing by hand that conferred long-term effects.

Handwriting's Benefits

Handwriting's benefits are scientifically documented. Some include:

Enhanced Memory: information retention due to increased concentration on the topic.

Emotion Processing: increased capacity to self-reflect on experiences and understand emotions.

Insights: we tend to call them “downloads.” These are the Aha moments we become aware of when giving time to think about what we aim to communicate.

Personalization: handwriting produces work that is unique to us while typing produces work that is comparatively homogenous, using the same letter formations. With handwriting we put words down in special formats. Our letters will not look exactly the same when we write them a second time or compared to others, thus producing a deeper connection to the piece.

Increased Misspells and Crossing Out: perhaps not immediately seen as a benefit, these experiences challenge us to backtrack thoughts. The crossed line reflects the ideas shifting mentally. Rewriting misspelled words challenges us to truly learn how to spell over computer spellcheckers and grammar apps.

There are many more.



Experimentation

I've taken three formal writing courses in undergrad. In many ways that has been advantageous. The lack of rigorous formal literary structure kept my mind fresh and free to tinker with multiple styles and put forth effort to creating writing without oversight or evaluation.

During undergrad I produced a high volume of writing spanning the styles, from letters to essays to maxims to stories to poetry and overall keeping a pen close to the idea pad. My master's program was strongly focused on research. Most of my creative productions, especially in the professional spheres I was used for the first time.

These are some of my observations with writing in different mediums:

Poetry

While there are rules in poetic construction, I rarely followed them and preferred to write freehand, rhyming sometimes while ignoring the need for tonal flow in others. My mind was challenged to think metaphorically and simple, to capture moments with few words or those that were not traditionally connected. It strengthened my capacity for building connections between the material plane and those things unseen.

Short Story

In this practice, I constructed complete plots and characters that had to end within a few pages. My interest remained consistent on forming morals to stories; some meaning the reader can be left with. The power in story is how relatable the scenarios can be. Creating a scene with dialogue can provoke connection and show readers what a particular frequency or behavior looks like. Characters then become instruments to awaken capacities within people.

Essay

More formal, I found this mode to be a useful knowledge dump that can be transformed into coherent messages. Essays, academic and informal were potent tools for releasing ideas I pondered about. They did not have to have structure unless used academically. To this day I continue to write singular and multi-page essays.

Journaling

Used for recording thoughts in informal ways. Sometimes I write ideas down that have no direct connection then link them over time. The journal remains with me throughout my travels to capture thoughts on the fly. It's multi-purposed. One of the strongest benefits I recognize is how it's trained my mind to know there is a consistent tool available for transforming thought into words.



Research-Based

This style asks for investigation into a subject. I source links, books, articles and other resources to compile a position. Merged with my own thoughts, this channel trains my writing to include precision and facts over pure opinion.

Social Media

LinkedIn, Instagram posts and Tweets offer a different challenge; the writing is condensed, so the impact has to be made with precise language. I have to convey a high-level idea and deliver a scenario that readers can understand. The writing flow must move such that a reader's consciousness is imbued with the information with enough time to explore it.

The Scribe

In this role I operate mostly as a freelancer, where I learn another's thoughts and use the talent to give them words. This is wonderful practice for empathy, being able to see as another envisions a thing, to connect to their mind-heart space. When I understand the vibration they are after, writing it down becomes accessible.

Avoiding Writing Trends – Stick to the Basics

There are two writing trends I find to be anti-talent development. The first is the idea that using paper automatically means humanity is destroying wildlife by killing trees. While there is validity to the excesses our society reaches with nature violation, the idea has mutated into an oversimplification philosophy: instead of replacing tree paper with another form like cotton, we are moved to replace handwriting with digital typing.

Typing is faster, more efficient with editing and documents can be duplicated with ease. As a supplemental tool for writing by hand, it can amplify our productive prowess. On its own, we neglect the learning power handwriting can have.

The second trend is writing app creation that replaces basic skills. Punctuation checks, spelling apps, idea generation apps and even artificial intelligence apps that help to write content aim to make the writing process easier to the neglect of building crucial writing skill. Journalism is gradually facing Ai influence.

Writing by hand, or even typing on a word processor without these supplements challenges us to have knowledge of literary comprehension.

Writing is Tehuti's Realm: the Archangel of Writing, Intellect, Wisdom, Mathematics & Science

In Kemetic or Ancient Egyptian science, Tehuti or Thoth along with the rest of the archangels hold dominion over the various talents beings manifest. Together they form a "company" or "tree," which we see in other renditions under different names, such as



the Kabbalah's tree of life. These spheres simultaneously act as evolution levels and frequencies that we can cultivate within. Since these archangels exist within they also exist without, and manifest throughout all of creation: they are creation's maintainers.

There is a misconception about Ancient Egypt and channeling. The caricature oversimplifies this process, pushing the idea that any person can just learn a few mantras and bring in a personality like a medium; it is a different science. Recognizing that these archangels exist throughout the universe, the aspirant learns these frequencies are responsible for all that we do and think. They are not energies brought in from the outside like a separate persona; they are nurtured or nourished from within because they are already present, yet dormant.

This science is opposed to the current education system. In our present curricula, we see talent as something one either has or does not have and the way to discover it is through material means.

To become a better singer, for example, we focus solely on the singing practice. Without understanding that singing is a talent governed by a particular archangel within, the aspiring singer progresses with partial potential realized. Another gifted singer can coast through a training program and still demonstrate high performance. The archangel in that singer could already be awakened. If singing is recognized as governed by the archangel Het-Heru also known as Venus or Hana-el, the aspirant can then work on exercises that develop the angelic power manifesting the talent. She then becomes capable of exhibiting raw singing talent further enhanced by the material training.

When an archangel is dormant, we tend to say we don't have a talent for something. When a talent is evident or emergent, we say we are "blessed with the gift." This blessing is a result of indirectly or deliberately tapping into the archangel governing the gift.

From this perspective, if someone wants to become a potent writer, she would not just focus on attending a writing school or taking workshops, but also engage in metaphysical practices that energetically stimulate the archangel Tehuti within, because that is the frequency holding the talent.

Metaphysical Ways to Cultivate Tehuti's Writing Power

Stones

Lapis Lazuli; Amethyst

Carry the stones in your pocket or as a medallion for daily spiritual nourishment. The energy emanations penetrate clothing, so they need not have to touch the skin. You can also sleep with them. Observe your thoughts while they're with you. Become aware if your thought quality changes or if you have smoother idea-to-word translation.

During specific meditations, place one on your third-eye center between the eyes and the forehead.



Meditation Visualization

Vibration Scroll Library

Undergo your preferred meditation exercise. Once in the state, imagine yourself walking towards a royal blue door. Give this door the details you desire. Open the door and walk inside. You will look around and see many scrolls wrapped. You will see books as well. These books and scrolls are radiating a vibrant, purple light. These are your vibration scrolls. When you want to know something, give your intent with a question and walk to the scroll or book and open it. Knowledge will be revealed to you in a form you can put into words in the physical realm.

Garments

These are your writer's accessories: notebook, journal, pen with case, ink, pencils and traveler's books. Acquire those tools that make you writing-ready at any moment.

Writing with Universal Law

Tehuti is the same archangel that presides over the Emerald Tablets and Hermeticism, emphasizing how the universal laws operate. When this frequency is strong in a person, the individual may be called Tehuti or an emanation of.

We can use these laws in our writing:

Mentalism

According to this Law, all is in the mind. The All or Creator manifests emanations of itself in different forms, of which we are. This means our mind also houses emanations, thoughts that can take various forms. Our dreams provide direct experience of building forms from the mind just as the All continuously creates forms from its consciousness.

The ideas we conceive can be refined, nurtured and grown by capturing them in words or symbols on paper. Once they travel from mind to medium, we become better able to engineer their growth through editing. This means whatever we think now exists just in a different realm, and writing is a talent we can use to cross those thoughts over into this realm. The more precise the thought, the more precise the idea we can write. And the more exact our writing, the more precise the idea can become.

Gender

The Law of Gender reveals there are masculine and feminine principles within all of creation. This knowledge exists within writing, shown in how we use the talent.

Masculine writing is more functional, literal and direct. This can take the form of business writing, responding to specific writing prompts, professional Emails, providing employee feedback or constructing PowerPoint notes.



Writing in the **feminine principle** involves reflection and what we call creative writing. This can be fiction, journaling, stream of consciousness, poetry and writing from inner revelations or intuition.

Frequency

This Law states that all in creation has a frequency and to maintain it, a being must be consistent. To raise our frequency, it means we adopt ways that consistently engage us in that mental state. For someone entering the writing space, the goal is to become a writer, which means to consistently have those experiences that are of a writer. One of the most direct experiences is simply to write, and to do so habitually. From that mental state, the writer then can decide what type of writer she wants to become, deploying this same Law to advantage.

To become a better mystery writer, she will immerse herself in the world of mysteries, thinking, seeing and being exposed to mystery writing. To become a better essayist, she will rise to the frequency of an essayist by reading and writing essays consistently.

Vibration

This states that all in creation has energy and energy vibrates. This vibration is unique to the being; each one of us has a unique vibration or specific tune we “sing” by our states of being. We can enhance our writer’s vibration by using two practices:

Mantras – these are specific power words that have no meaning in themselves, such as “Om,” but duplicate the original sounds inherent in the universe. Certain mantras can induce targeted mental states putting us on desired frequencies. They stimulate specific brain areas and body sectors where archangels within “live.” Mantras connect directly to angelic frequencies.

Hypersigil – Comic writer Grant Morrison was known for this practice. The writer can project herself into a story and move herself through a plot. Experiences written for the character version can become desires, which the subconscious becomes programmed with. Integrating within the story ends up manifesting it in the physical realm.

As an example, a writer can write a story about herself being a genius author and undergo experiences to become successful. Using the Laws of Mentalism, Frequency, Gender and Vibration, the writer begins awakening Tehuti’s power for messages and physically embodies the written descriptions from the story. Research has shown that words have the power to change DNA.

Writing’s Power is Timeless

By regarding writing as a metaphysical science and art, we can use words as light codes that can resonate with people’s souls. This light can serve positive evolution. Through these symbols we imbue meaning over lifetimes, sharing our thoughts with others across the globe. This is why my ink continues to touch the paper.



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